

Mount Olive Beacon

"Drawing From Darkness into Light"

Feature Story

2016

Year In

Review

**Community Outreach
and Evangelism**

"Through faith we receive the
grace of God, but faith is not
our Saviour" ... Pg. 20

**Children's
Corner Pg. 16**

Message From Pastor David Rogers



Along Came a Lion

Matthew Henry wrote, "When I cannot feel the faith of His assurance, I live by the fact of God's faithfulness."

Before David became king of Israel, he was sent by his father to check on the well-being of his brothers who were serving in King Saul's army. Shortly after he arrived he heard the taunts of the Philistine giant, Goliath. Realizing that no one in the Israeli army would come forward to silence this pagan, David volunteered. King Saul was not impressed however as David was young, a shepherd and he had no military experience. David however, presented his verbal resume' which included an encounter that he had had when he had to go into hand to paw combat with both a lion and a wild bear. Since he was there to tell the story, it was obvious that he was victorious over those wild animals.

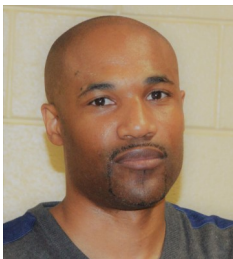
The lion in this scenario represents an enemy which comes to destroy God's people (the sheep). David however represents the faithful people of God who over-come tremendous challenges by their

relationship with God. It was by his faith in God that he defeated the lion and the bear and later the mighty Goliath. Each challenge was a stepping stone designed to equip him to meet future tests and trials.

1 Samuel 17:34 says, "And David said unto Saul, Thy servant kept his father's sheep, and there came a lion, and a bear, and took a lamb out of the flock." "Normally we think of a lion not as a blessing from the Lord but only as a reason for alarm. However, the lion was God's opportunity in disguise. Every difficulty and every temptation that come our way, if we receive it correctly, is God's opportunity" (L. B. Coleman. Streams in the Desert p.86) for the strengthening of our faith and development to our character.

When lions come into our lives, see them not as obstacles, but as opportunities no matter how fierce they may appear outwardly. This is not "half glass full" optimism but this is remembering that God promised that He would not allow us to be tempted above our ability to endure (1 Cor. 10:13). Therefore meet the challenge, over-come it by your faith in God's power, wisdom and ability to assist us, for each test, each trial may be a stepping stone designed to equip us to meet and over-come some future situation.

Message From Elder Karl Brown



I bring you greetings from the Eldership at Mt. Olive SDA church. It is a blessing to be working with the Lord in this part of the vineyard. Matthew 22:14 says "Many are called, but few are chosen." The fact that God has called us is vital. God expects us to be a part of the process of winning souls for His kingdom. I believe that God has given each of us a valuable tool to reach others. That special gift is called a talent. Some have been given multiple talents. But everyone has at least one. The talent must be used for His will. God gives us the example of the body. Each body part has a specific function. It does not matter how big or small the body part is, it is very important to the body. As a church body, we must see the value in every member. Regardless of how big or small the talent, it must

be identified, blessed, and used for the function of the church body. When we can see the importance of each person, then we can be a powerful body for Christ.

Lastly, if we can love each other, as Christ has demonstrated, we will be fulfilling His purpose. John 15:12 "This is My commandment, that you love one another, just as I have loved you." If we can heed this, we will be more of a reflection of Christ and His character.

May God bless you.

INSPIRATION



LESSONS FROM WESTMINSTER BRIDGE

By Pastor Ray Patrick

As I stepped on to Westminster bridge I was greeted by panic, screams, sirens and helicopters. Things seemed out of control and people were angry and frustrated. Every day, we have opportunities to get upset, be frustrated, or offended. Maybe you had plans that didn't work out, or someone was rude to you at work. Maybe you were doing something that should have taken one hour and it ended up taking three (like my travel home yesterday). Life is full of inconveniences, but even though we can't always control our circumstances, we can control our reaction. I heard somebody say, "Life is 10% what happens to you and 90% how you respond."

We should always go out each day with a positive attitude, full of hope and expecting God's favour and blessings. But at the same time, we should recognize that most days are not going to go exactly as we plan. Remember, we were created to live in peace. Peace is our position of power.

Today, If you get stressed because you got off schedule, or upset because your child wouldn't behave, or frustrated because you were offended by things you can't control, what you're doing is giving away your power. Instead, make the decision to release those offenses and disappointments, so you can live in peace and enjoy the day and the blessings God has prepared for you!

"Good sense makes a man restrain his anger, and it is his glory to overlook a transgression or an offense." (Proverbs 19:11, AMP)

Pray With Me

Lord, today I thank You for Your protection. I release every care, concern, offense, frustration and disappointment to You. Father, I pray for those injured in yesterday's attacks and the families that lost loved ones in London. I choose to keep the peace that You have given me. Despite yesterday's events, I look forward to today knowing that You are with me, leading me in victory. God, I release the things I can't control over to You in Jesus' name! Amen.



REFINED & PURIFIED

Submitted by Bernard Brown

This verse puzzled some women in a Bible study and they wondered what this statement meant about the character and nature of God.

One of the women offered to find out the process of refining silver and get back to the group at their next Bible Study.

That week, the woman called a silversmith and made an appointment to watch him at work. She didn't mention anything about the reason for her interest beyond her curiosity about the process of refining silver. As she watched the silversmith, he held a piece of silver over the fire and let it heat up. He explained that in refining silver, one needed to hold the silver in the middle of the fire where the flames were hottest as to burn away all the impurities.

The woman thought about God holding us in such a hot spot; then she thought again about the verse that says: 'He sits as a refiner and purifier of silver'. She asked the silversmith if it was true that he had to sit there in front of the fire the whole time the silver was being refined. The man answered that yes, he not only had to sit there holding the silver, but he had to keep his eyes on the silver the entire time it was in the fire. If the silver was left a moment too long in the flames, it would be destroyed.

The woman was silent for a moment. Then she asked the silversmith, 'How do you know when the silver is fully refined?' He smiled at her and answered, 'Oh, that's easy --"when I see my image in it!!!'

If today you are feeling the heat of the fire, remember that God has His eye on you and will keep watching you until He sees His image in you! This very moment, someone needs to know that God is watching over them. And, whatever you're going through, you'll be a better person in the end because HE will not leave you in the situation for too long to be destroyed by the fires of this world. Exercise faith in the One who sticks closer than a brother; the One whose plans are to prosper you, to give you hope and a bright future as His image is reflected in you. Stay blessed!!..

Ask MO

Confused Asks: With so many religions out there, how do I know that the Seventh-day Adventist Church is the right one. My friends tell me it does not matter what church I go to, I just have to live right. There will be people from all religions in Heaven.

Dear Confused: Yours is a loaded question, one that plagues many Christians and non-Christians alike. Know there is only one way to Heaven. It is not through religion, a pastor, a church but through Jesus. John 14:6 "...I am the way, the truth and the life; no man cometh unto the Father but by me." We cannot work our way to Heaven and being good is not enough. The heart must be changed by the indwelling power of Christ. Matthew 19:16-29 tells the sad story of the rich young ruler who came to Jesus.

There will be no "religion" in Heaven but there will be a people who according to the light received obeyed the voice of God. Today please recognise that good works cannot save us; neither can any church save us. However, Revelation says come out of falsehood. If a church does not teach **all** of the Word of God there is no light in them. There is only spiritual darkness and that cannot lead you to the Light of the world Christ Jesus. We have enough knowledge to recognise the identifying marks of the true church. What are these identifying marks.

- The true church has its Head, its Founder and its Sustainer Jesus Christ. (Matthew 16:18)
- The true church is universal. Matthew 28:19
- The true church teaches about the second coming of Jesus (the Advent). John 14:1-3
- The true church teaches that there is a spiritual warfare happening. That there

are only two sides. That the return of Christ is imminent and man must choose God or Satan. It warns that Babylon representing all other teachings, institutions, powers opposed to Christ will soon be destroyed. It calls men to repent and come out of these false systems and false teachings. Revelation 14:6-20

- The Bible is the foundation of its teachings. Isaiah 8:20. Also 2 Timothy 3:13-17 says that the Scriptures are divinely inspired.
- It teaches that this is the judgment hour, this is the time to choose Jesus. Revelation 14 and Hebrew 3:15
- The true church teaches the truth about death. It clearly reveals that death is a peaceful rest until Jesus returns (John 14:1-3; 1 Thessalonians 4:16, 17; 1 Corinthians 15:51-54).
- It teaches us that when we accept Jesus as our Savior; He intercedes on our behalf in the Heavenly Sanctuary. Romans 8:34
- The true church calls men to give glory to God the Creator. We give glory by obedience to His Word, by keeping **ALL** His Commandments including the **FOURTH-** Seventh Day Sabbath; abstaining from unclean foods and ungodly activities. Revelation 14:7

So does it matter which church we attend. Yes it does. Today hear the voice of God calling you out of Babylon into His true Church to give Him the Glory due to His name by loving obedience.

Compiled by Sis. Sandra Wedderburn

Source: The Holy Bible
<http://www.itiswritten.com/search-for-certainty-lesson-21-gods-church-identified>

PLEASE SUBMIT YOUR QUESTIONS TO MOSDAC.CANADA@GMAIL.COM

MILESTONE TWENTY-FIVE YEAR JOURNEY

By Sis. Veronica Lyttle



Our Pastors through the years: Arthur Zaft, Joseph Bulgin, Theodore McLeary, Manley Coleman, Samuel McKenzie, Lynford Morris, Kenneth Campbell, Joseph Amankwah, Stanley McFarlane, David Rogers

In the Fall of 2015, the Mount Olive Seventh-day Adventist Church reached a significant milestone. The members celebrated the accomplishments of their first twenty five years and the continuous development of new programs and services to its members and surrounding communities.

The group effort began with Dr. Steve D. Cassimy and Pastor Arthur Zaft, former pastors of Perth Avenue (now Toronto Perth) and Kingsview Village Seventh-day Adventist Churches respectively, along with some vibrant and enthusiastic members, who embarked on a journey to establish a new congregation in the Rexdale area of Etobicoke.

In October 1990, the Branch Sabbath School opened its door at the North Albion Collegiate Institute (NACI) to the Rexdale community. The name was later changed to Mount Olive Seventh-day Adventist Church. The new church was under the leadership of Pastor Arthur Zaft, senior pastor and Pastor Joseph Bulgin, associate pastor, along with sixty (60) members who were willing and ready to do the Lord's work. Later the congregation move to its present location as a tenant. The members worked diligently to bring people into God's kingdom.

Services and programs were implemented to meet its members' need and well-being while out-reach evangelism was its primary focus. Street Ministry, Personal Ministry and Community Services were some of the out-reach ministries that were organized to minister to non-believers. Ingathering, Investment, Church Building Fund and other departmental fund-raising activities were major events that were used in the development of our church. The physical and social need of our members and visitors were met at our Saturday night socials, banquets, boat cruises, walk-a-thons and summer picnics. In the first decade there were Pastors Arthur Zaft, Joseph Bulgin, Theodore Mc Leary (deceased), Manley Coleman (deceased), Samuel McKenzie, and Ledford Morris.

The second decade saw continued growth and implementation of new services and programs in the church such as; preparing and delivering hot meals to one of the women shelters for battered women and children monthly, supplying food to Youth Without Shelter, volunteering at one of the seniors homes in the Etobicoke area, feeding the homeless in downtown Toronto, setting up the food bank and soup kitchen, running the options for youth program, women's retreats, preparing and delivering sack lunches to one of the youth shelters in Toronto and recognizing the seniors on their birth months. Additionally, School supplies were given to children and youth in the church and communities.

The congregation also opened its doors to other denominations who rented our facilities for worship and social gathering. Pastor Morris continued in the second decade and the church was purchased under his leadership. Pastor Morris holds the distinction of being the longest serving minister of the church; he served for eleven (11) years. The congregation also had Dr. Kenneth Campbell (retired) and Pastor Joseph Amankwah who served for approximately three (3) years. Pastor David Rogers and Stanley McFarlane later joined the congregation in September 2010. On August 21, 2016, Pastor McFarlane and his family said farewell to the church. Pastor Rogers is still currently serving.

As the church reflected on twenty five (25) years of service to its members and the surrounding communities, we can certainly say that God has brought us this far and we are grateful for His divine care, love and mercy. What began as a Branch Sabbath School with sixty (60) members has blossomed into a congregation of three hundred and eighty Six (386) members and counting.

With divine assurance, the congregation can sincerely say "To God be the glory great things He hath done."

2016 YEAR IN REVIEW



By Sis Juliette Vigod

More pictures on page 12

2016 was a year of many happenings in our church, both challenges and blessings alike. Sadly, we lost members that passed away... But we were also blessed with new souls being won for Christ.

The year started off with the Agape Feast, a feast of thanksgiving and love shared as a sign of fellowship, which took us right into preparation for the upcoming Spring Lay Evangelistic Crusade. Under the great leadership of Pastor David Rogers who extended his pulpit to our own lay evangelist, Elder Keith Williams, as the main speaker, twelve (12) souls were won for God's Kingdom. Heaven rejoiced.

Our hearts were also blessed from Pastor Jamie Gordon who accepted our invitation to be the speaker for the Youth Week of Prayer. We also had Pastor Roy Rugless, Prayer Ministries Director from the Central States Conference in Tennessee, who conducted a Forty Day Prayer Series, through which we were spiritually revitalized.

Mount Olive SDA Church Community Services Department as well as the Health Department took part in North Kipling Junior Middle School's Parenting Conference. Our Health Weekend and Health Fair were a great success; members of Government were in attendance.

The third quarter of the year continued with many blessings as souls were won for Christ in baptism. Our Pathfinders' Club participated in the Door Hanger's food drive, a segment of the Ontario Conference Camp meeting which was a tremendous success. Mount Olive Food Bank significantly benefited from this initiative.

Our Pathfinders went off to Camporee in Quebec and brought home the 1st place Trophy in the "Amazing Race" Competition

A great send-off celebration was given in honour of Pastor McFarlane who was transferred to the Malton SDA Church. We were sad to see him go, however God always have a plan for our lives, we must follow His lead.

The year ended on a high note with 3 major events:

- Pathfinder Banquet– our young men and women came decked out in their finery and displayed great eloquence and sophistication as they celebrated a year of hardwork and accomplishments.
- Children's Year-end Treat– over ? Children from both the church and community received gifts and dinner thanks to the generosity of Sis. Naomi Jules, Claire Gill, our community service department and other members of our church.
- Community Dinner– the members of our community were treated to a 3-course meal in the most elegant of settings. Also in attendance was the Deputy Mayor, Vincent Crisanti, Pastor Theodore Sargeant and a number of community partners.

All in all, it was a blessed year, and as we hope that the Lord will continue to bless our church and its leaders we strive to climb new heights every day. May God be glorified.

Community Outreach



Community Services Report

By Sis. Cossetta Evans

Mount Olive Adventist Community Services is a vital member of the North Etobicoke Community. The work of the Community Services department entails striving to end hunger through our weekly Foodbank and Soup Kitchen programs while supporting the Fresh Start program which provides food for over 60 seniors in Etobicoke. Our outreach spans over 6000; half of whom are children from a diverse socio-economic community rich in culture, language and religions including new immigrants. As a pivotal partner in the North Etobicoke community, Mt. Olive Community Services strives to improve the quality of life for its constituents. It is by God's Grace and direction that the department is steered in its pursuit to minister to the needs of our community.

Engaging community response through the form of Health Fairs, AY programs, joint Parenting Conference and Dietetic and Nursing services for our clients, has positioned our church in a positive light among our partners and those we serve. Our community partners for 2016 included, Deputy Mayor Crisanti's Office, Toronto Public Health, Toronto Police 23 Division, Etobicoke Strategy, North Kipling Junior Middle School, Etobicoke Health Centre, Rexdale Alliance Church, Daily Bread Foodbank, Second Harvest Food Rescue, Fresh Start and Mt. Olive Health and Temperance department.

In June 2016, Mt. Olive Adventist Community Services, the Etobicoke Strategy, Deputy Mayor Crisanti, the Toronto Police and Toronto West Seventh-Day Adventist Church held a Prayer Rally in response to the fight against violence and a recent shooting at the Toronto West SDA Church. We also took part in the Healthy Kids for our Community forum whereby Mt. Olive was depicted as an open door network for supporting our local community. Several requests for services were addressed along with referrals for CCAC, Health and Dental services, Legal and Mental Health services.

Our own Sis. Betty Kennedy provided blood pressure checks for our clients both internally and externally. Dietetic and Nursing services were

established to supplement our client's experience in developing a healthier lifestyle. For example diabetic screening and health checks were conducted and referrals or registrations for free services have become an intricate part of our outreach experience. Several boxes were prepared for shut-ins. We wrapped up the year with an amazing community dinner and a grand public recognition of our volunteers made possible by Deputy Mayor Vincent Crisanti and his team.

We received approximately 75,000 pounds of food valued at over \$135,000 collectively from both Second Harvest and The Daily Bread. We were blessed with bread and pastries also from Rexdale Alliance Church, Sis. Chin, Rope and Cob's Bakery. Individuals also donated over \$1,000.00 in cash and over \$500.00 in kind.

Our programs will continue in like manner in 2017 with the addition of a Pedestrian Safety program to bring awareness and behavioral change within our community, expansion of our breakfast program and the introduction of a Parenting Club. Volunteers are being accepted for 2017. For more information contact us at mountoliveoutreach@gmail.com.

Special thanks to Pastor Stanley McFarlane and Pastor David Rogers for their excellent support in recognizing the value of community outreach. We would like to extend our sincere thanks to Sis. Clair Gill for using her amazing talent to support the Community Services department and for her generosity in serving the community along with Bro. Kenneth Gayle who through his proficiency in photography has blessed us with great pictures to reflect on our events over the years.

Thanks to all our Volunteers who dedicate their time and talents to making the lives of those we serve a little better one day at a time. Thanks to the delivery drivers who ensure that food and supplies got to us each week. Special thanks to the Hummingbird Pathfinders who supported us on community events. I know God is a wonderful God who cares about the well-being of every person on the planet. Wouldn't it be nice if everyone felt this love here on earth?

Sharing God's Love

Interview with Community Services Director, Cossetta Evans: *By Sis Veronica Lyttle*



Tell me about yourself?

Ever since I was a little girl I was fascinated by who God is. I remember asking my mom one day "if everyone comes from Adam and Eve and Adam and Eve came from God, then where did God come from?" Going to church with my neighbor was the start of my relationship with God. I loved going to church and when we migrated to Canada the trust I had in God as a child was put to the test.

On visits to Jamaica to stay with my grandparents my quests for deeper knowledge of God and the universe grew. After moving to Toronto I pursued further studies from *Voice of Prophecy* and *IT Is Written Canada*. Later when we found Toronto East SDA church my siblings and I joined Pathfinders and I became a Master Guide. I enjoyed taking part in church and sharing my love for God with whom everyone I came in contact.

As I grew, my experiences drew me closer to God. I saw His promises materialize in my life and my relationship with Him bloomed. At fourteen years old I heard God's call and I responded affirmatively. He had a plan for me far greater than I realized, but I was willing. When I joined Mount Olive it was not without its challenges, however working with the young people has been a tremendous blessing. I now realize why my experiences were so valuable because they would impact the lives of those I worked with to strengthen their relationship with God. My commitment to God facilitated the capacities I have worked in such as Adventurers; Pathfinders; Sabbath School departments; Earliteens, Youths and Adults. During my time with the youths we started a youth group. It gives me such joy to see that most of them are still in church.

However my calling did not stop at the young people, but through constant communication and a strong faith, I joined Community Services working with Bro. Joseph Mitchell, Sis. Goffe, and Bro. Jones, over the years. Bro. Mitchell's ability to connect with the community leaders was impressive and I learned a lot about ministering to those outside of the church. In 2009 I was called to work with the GTA Adventist Federation of Community Services. As secretary for the Federation I found joy in serving the community by coordinating all the volunteers for the division. Special projects I was involve with included Peel District School Breakfast program at Clark Junior Public School, Toronto Community Living Foodbank, St. Leonard's Place in Brampton, Ernestine Women's Shelter, Youth Without Shelter, Kendleton Senior's Complex and Scott's Mission.

I returned to Mt. Olive in 2012 to assist Bro. Radcliffe Lennon with Community Services. Since then God has led the department to great heights. We have built on our experiences a bridge to the world around us. I believe if we truly believe we serve the King of the Universe, the sky is the limit.

Your passion for Community Services has been phenomenal. What motivates you to work in this ministry?

I love the Lord. I am motivated by God's love and forgiveness towards me. I believe working with Jesus to minister to others is a commission Jesus gave to all who will follow Him. The more I see God's blessings in my life, the more I realize He is real. When I pray He answers and as long as He continues to direct me I will serve Him in whatever capacity He wills. My family also plays a big role in my motivation. Their encouragement and love gives me strength and that push when I feel weak.

What are some of the challenges you faced in Community Services and how have you overcome them?

My challenges are often revealed by the Lord to be originated by Satanic influences. I overcome them by allowing Jesus to fight my battles. He knows me and whatever the struggles I am faced with I take it to the Lord. He is my best friend and I can overcome anything with Him by my side.

What is the most rewarding experience in Community Services?

My most rewarding experience is allowing God to use our simple efforts to make a big difference in the lives of those we serve. To hear someone say "This is my church, it's because of what you did", that gives me joy. Then I know God's love is working.

What are some of the programs you would like to have implemented in the church to help the newly baptized members?

I would like to implement some of the following programs whereby the newly baptized can see that membership means growth and giving back to God.

- A Parenting Club to help build the relationship between parents and children
- An open Breakfast program that allows the public to come into the church and we minister to them without worrying about them interfering with the status quo
- The love for others to be a pivotal part of being a Christian and new members would freely volunteer to join Community Services
- A joint ministry for everyone in the church portraying the Love of God in a positive manner to their neighbours.

EVANGELISM

Interview with Personal Ministries Director, Elder Keith Williams: By Sis. Caron Williams



Elder Keith Williams is a committed soldier in the Lord's army. He is quite passionate about the work of Christ and believes in the power of prayer. He believes that there is a great work to be done and thinks that everyone should be disciple of Christ. A former member of the Pentecostal faith, he accepted

the SDA message and was baptised in October 2012. Since then, he has put all effort into his new-found faith. Upon his conversion he quickly enrolled in the Ontario School of Evangelism. There he gained a greater understanding of the message and additional skills necessary to deliver Bible based, spirit filled sermons. In May 2016 he was asked to be the speaker for the Ontario Conference Lay Evangelism series for the Mt Olive SDA Church. With the assistance of the then Personal Ministries (PM) Director, Elder Kenneth Gayle, Pastors David Rogers and Stanley McFarlane, the prayer team, Bible workers and PM team 12 souls were baptised. This experience fueled his fire even more and when asked to be the Personnel Ministry Director he readily accepted.

What do you think is the role of the PM Department?

The role of the PM Department is to inspire, equip, train and motivate all members of the church to spread the Christian gospel by public preaching or witnessing.

The theme for 2017 is Community Outreach and Evangelism. What does this mean for the church?

This means that our efforts will be focused on being more visible in the Rexdale Community. My good friend Radcliffe would have always made mention of Christ strategy for evangelism in that he fed them, clothe them and then bid them to follow Him. We need to do the same. Too often we tell others that Jesus loves them but we are seldom willing to demonstrate that love to those who are in need. We already have the Community Food bank in place and we usually go to the nursing home every 1st Sunday to sing along with the residence for an hour. I do wish that more of our members can make themselves readily available. We do need to do more so that it will be easier for us to share Christ with those we come into contact with.

What other activities does the PM Department plan to undertake in the near future?

We are planning a Community Meet and Greet for September 3rd, 2017. This would require the participation of the entire church. We would be providing back to school items, a Health symposium, Pathfinder and Adventurers Promotion and Registration, Prayer sessions. We are also making preparation to have our Vacation Bible School for the Summer of 2017. The Communication Department is also putting together bags to be distributed on Sabbaths to our visitors. In addition, I would like to see us offer a tax clinic for the next tax seasons to those in our community and the restarting of our homework club.

What is the greatest challenge you see in the church fulfilling its objective for 2017?

The greatest challenge I see is the mobilisation of our members to get actively involved in evangelism and community service.

What are some to the church activities that can offer opportunities for witnessing?

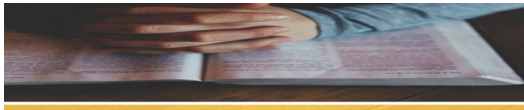
There are a variety of church activities that offer opportunities for witness including:-

- First, ask God for help and leading.
- Know that every environment is a potential mission field be it home, work, school or socially
- Seek opportunities to share God's love e.g. food and blood drives.
- Start a lunchtime bible study with friends, family and co-workers.
- Work with excellence and integrity in all your undertakings
- Form prayer partnerships.
- Invite non-Christian friends, family and co-workers to gatherings that you can freely share your faith and the gospel including those with a Christian atmosphere and theme.
- Do not hide or downplay the importance of your faith. Use scripture, prayer and your testimony where and when it naturally fits into the setting or conversation.
- Follow the promptings of the Holy Spirit.

What is your watch text?

1 Corinthians 15:58 -Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain."

MISSIONARY TRAINING



Personal
Ministry

How to Share your Faith

Under the umbrella of the Church's 2017 theme, is the work of evangelism. Steering this effort is our Personal Ministries Department under the leadership of Elder Keith Williams. His concern is that many who do not share their faith because they are timid or uncertain how to go about doing so.

"Many are making a great mistake in not putting their talents to use in seeking to save the souls of their fellow men." Colporteur Ministry, p. 84

For this reason, "Missionary Training: How to Share your Faith" has been instituted as a regular feature of our newsletter. This quarter centers on the steps for preparation and is taken from Like a Mighty Army, p. 67- 68

1. Consecrate yourself to God. Matt. 6:6, 10:38, 39
2. Be conscious of the lost state of souls and nurture a desire to lead them to the cross. Rom. 9:1-5
3. Consciously and actively search for souls to be saved. Acts 10:38 "Then pray and work, work and pray and the Lord will work with you." Colporteur Ministry, p.81
4. Recognize that you are an ambassador for Christ and therefore have the right and obligation to visit even the people of great importance and influence. 2 Cor.5:20
5. Through a wise use of words, help the prospect to realize their spiritual, moral and physical need, and that you offer the solutions. John 4:10

There are a variety of church activities that offer opportunities for witness including:

1. Door to door work on Sabbath afternoons
2. Mission Extension
3. Appeals for Missions
4. Campaigns for bible correspondence course enrolment
5. Special visits to hospitals, prisons etc.
6. Welfare or community service visits
7. Church choir ministry and mission work

"God will soon do great things for us if we lie humble and believing, at his feet." Colporteur Ministry, p. 151

The Message a Living Force

In the commission to His disciples, Christ not only outlined their work but gave them their message. Teach the people, He said, "to observe all things whatsoever I have commanded you." The disciples were to teach what Christ had taught. That which He had spoken, not only in person, but through all the prophets and teachers of the Old Testament, is here included. Human teachings are shut out. There is no place for tradition, for man's theories and conclusions, or for church legislation. No laws ordained by ecclesiastical authority are included in the commission. None of these are Christ's servants to teach. "The law and the prophets," with the record of His own words and deeds, are the treasure committed to the disciples to be given to the world....Ev 15.3

The gospel is to be presented, not as a lifeless theory, but as a living force to change the life. God desires that the receivers of His grace shall be witnesses to its power.—[The Desire of Ages, 826 \(1898\)](#).Ev 16.1

The Church Entrusted With the Message—We are now living in the closing scenes of this world's history. Let men tremble with the sense of the responsibility of knowing the truth. The ends of the world are come. Proper consideration of these things will lead all to make an entire consecration of all that they have and are to their God....Ev 16.2

The weighty obligation of warning a world of its coming doom is upon us. From every direction, far and near, calls are coming to us for help. The church, devotedly consecrated to the work, is to carry the message to the world: Come to the gospel feast; the supper is prepared, come.... Crowns, immortal crowns, are to be won. The kingdom of heaven is to be gained. A world, perishing in sin, is to be enlightened. The lost pearl is to be found. The lost sheep is to be brought back in safety to the fold. Who will join in the search? Who will bear the light to those who are wandering in the darkness of error?—[The Review and Herald, July 23, 1895](#).Ev 16.3

The Present Crisis—We should now feel the responsibility of laboring with intense earnestness to impart to others the truths that God has given for this time. We cannot be too much in earnest....Ev 16.4
Evangelism. P. 15,16





Say YES to Jesus,
Say NO to drugs!

We've BEEN
FOR 24 Y

IS
SUCCES

VIBES

Fascinating Facts
The Peace Tower...

4 years !!



“Health is not just the absence of sickness, but life lived to its fullest potential.”

What is Colorectal Cancer

By Sis. Joyce Nembhard

Colorectal cancer is a malignant tumor that starts in cells of the colon or rectum. These tumors can metastasize and spread to other parts of the body. The colon and rectum are parts of the large intestine a digestive system. Colon and rectal cancer are grouped together as colorectal cancer, because they are made of the same tissues. Sometimes cells in the colon and rectum change pattern which can lead to abnormal growth known as polypus. These can be benign or malignant. Colorectal cancer most often starts in cells that line the wall of the colon or rectum.

Screening- Checking for the disease helps any signs or symptoms appears. When colorectal cancer is found and treated, early treatment is more meaningful and there is a better chance of survival. Screening Tests may include checking the stool for blood, as some polypus will bleed on a colonoscopy. It is recommended that those in the age group 50-75yrs of age or older should have a stool test every 2 years. Family physician usually determine which test is better for the patient.

Colonoscopy and Sigmoidoscopy- A light sedation is required for this test. The doctor uses a long tube with a camera at the end to visualize the lining of the colon. If polyps are detected, the physician will remove them, there and then. This test is normally done every five years, but can be done more frequently if the physician deem it necessary.

What puts you at Risk?-

1. Parent, sibling or child with colorectal cancer.
2. Personal history of non cancerous (benign) polyps in colon or rectum
3. Ulcerative colitis and Crohn's disease

Signs and Symptoms

- diarrhea/constipation
- stool that looks narrow, pencil-shaped
- feeling like the bowel is not completely empty after a bowel movement

- blood in the stool (bright or very dark red)
- bleeding from rectum
- pain or discomfort in the rectum
- gas, cramping, bloating and feeling full
- a lump in the abdomen or rectum
- fatigue and weakness
- anemia
- nausea and vomiting
- loss of appetite
- weight loss
- frequent urinary tract infections
- swollen lymph nodes
- jaundice
- pain in the abdomen, buttocks or leg
- breathing problems

Diet

A healthy balanced diet that includes a variety of fruit and vegetables, whole grain , bean protein, low fat milk products and healthy fats have been linked to a decreased risk of colorectal cancer. A recent study (Nomura, 2008) concluded that eating more fruits and vegetables protected men from colorectal cancer and past similar studies showed the same protective effects in men and women (Park 2007, Kouskik 2008). Green, leafy vegetables such as broccoli and spinach are highly recommended for their nutritional content and whole fruits are excellent sources of carbohydrates to consume. They contain important antioxidants. Use whole grain such as oats- barley and whole wheat, beans, lentil, chickpeas, whole wheat pasta, spelt pasta. Avoid unhealthy fat found in cakes, cookies fried food, margarine. Use unsaturated fats found in fatty food like salmon- avocados, olive oil and nuts. (See recipes on following page.)

Drink plenty of water. Get plenty of exercises. Remember this cancer will respond better to treatment when it is confined inside the colon or rectum. Once it comes out and starts to spread and invade other organs it will be more difficult to manage and prognosis becomes poorer. Watch for any of the signs and symptoms and make a trip to the doctor's office.

Source: Canadian Cancer Society



Red Cabbage and Carrot Saute

Ingredients (2 servings):

- 2 tsp coconut oil
- 3 cups red cabbage, cut into strips
- ½ cup shredded carrots
- 2 tsp rice vinegar
- 2 tbsp pine nuts
- 1 tbsp honey
- 2 tsp chia seeds

Directions:

1. Melt the coconut oil in a pan on medium heat. Toss red cabbage strips into pan and cover. Sauté for 5 minutes, stirring occasionally.
2. Lower the heat and add shredded carrots, rice vinegar, honey and pine nuts. Stir and cover with lid to sauté for another 5 minutes. Stir in the chia seeds near the end. Serve warm.



Garlic Parmesan Mashed Cauliflower

Ingredients (Serves 2):

- 1 head of cauliflower, chopped into small florets
- 2 cups vegetable broth
- 2 cups water
- 2 tbsp almond milk (original)
- ½ tsp minced garlic
- ¼ cup Parmesan cheese, grated
- 1 tbsp green onions, finely chopped
- ¼ tsp sea salt
- ⅛ tsp pepper

Directions:

1. Pour vegetable broth and water into a large pot, and bring to a boil. Add cauliflower florets and boil uncovered, stirring occasionally, until florets are very soft- about 12 minutes.
2. Drain water/broth mixture from cauliflower. Place cauliflower into blender with almond milk, grated Parmesan cheese, minced garlic, sea salt and pepper, and blend until smooth. Add in chopped green onions and blend for another 15 seconds. Pour into a serving bowl. Garnish on top with a little more chopped green onion and grated Parmesan and serve warm!



Black Bean Burger with Creamy Avocado Sauce

Ingredients:

Burger:

- 1 15 oz. can low sodium black beans, drained and rinsed
- 1/4 cup chopped onions
- 1/2 cup panko crumbs
- 1 flax egg
- 1 teaspoon oregano
- Salt and pepper to taste
- Whole wheat hamburger buns

Avocado Sauce:

- 1 ripe avocado, peeled, pitted and cut into chunks
- 2 tablespoons non-fat Greek yogurt
- 1/8 teaspoon lemon juice
- 1/8 teaspoon salt

Directions:

For Burger (Can also be used as an entre)

1. Preheat oven to 375 degrees and lightly spray baking sheet with cooking spray.
2. Drain and rinse beans in a colander and place in large mixing bowl. Mash beans with a fork until pasty with a few whole beans mixed throughout.
3. Add panko crumbs, onion, flax egg, oregano, salt and pepper. Mix together and make 4 patties. Bake for 10 to 12 minutes on each side.

For Avocado Sauce:

1. Peel, pit and cut avocado into chunks and place in food processor.
2. Add Greek yogurt, lemon juice and salt and combine until mostly smooth. Assemble with your favorite fixings and enjoy. May also be used as an entre)

R
E
C
I
P
E

Children's Corner

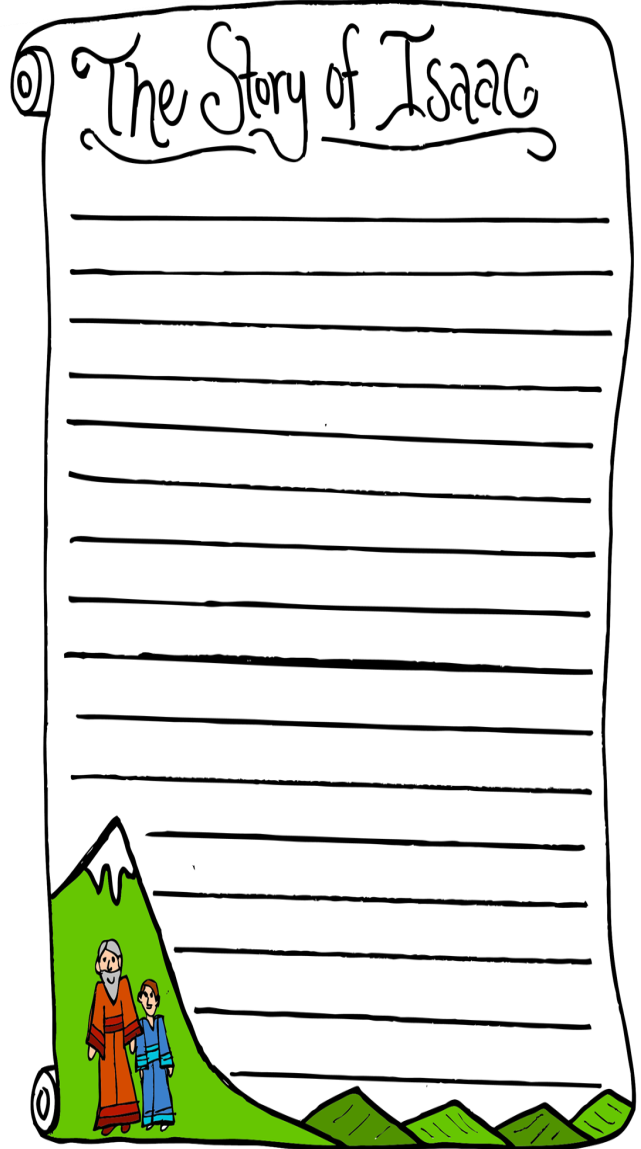
Sarah and Isaac

Color in the following image using

1. Beige 2. Pink 3. Brown 4. Green 5. Blue 6. Purple

The Story of Isaac

Read the story of Isaac and write down a journal entry of one life adventure from his perspective in your own words.





Copyright © 2012, BibleWise. All Rights Reserved. Drawing by JJ Johnston.

Copyright © 2012, BibleWise. All Rights Reserved. Drawing by JJ Johnston.



Break the Code - Abraham and Isaac

Break the code and find out what Abraham found to sacrifice instead of Isaac.

A=  N= 



B=  O= 

C=  P= 

D=  Q= 

E=  R= 



F=  S= 


G=  T= 



H=  U= 

I=  V= 

J=  W= 

K=  X= 

L=  Y= 

M=  Z= 



Help these men find their way to Abraham and Sarah's tent.



Poetry Corner

Hope

Jesus led me all the way,
When I was lost and gone astray
He said child, come take my hand,
Someday soon by my right hand you shall stand

So faithful I will be, for my Savior face I'll see
Coming magnificently through the clouds
I can hardly wait for that day,
for in His kingdom I shall permanently stay

I'm so filled with curiosity, thinking what my
Savior will say to me
I'm not really worried, and I will definitely not fret
Looking forward to the day when I will be to-
tally free

As I continue to do the Lord's will
He'll reward me greatly and there won't even
be a bill
For the greatest things in life are free
OH, Jesus, please come back for me

By: Juliette Vigod

He Thought of me

The lord gives us the sun to brighten our day
The trees to feel that wonderful breeze.
The moon and the stars for which to gaze,
Let us be thankful and give all the praise.

He gave us His wonderful son to die
For you and me on Calvary.
Giving us hope for tomorrow
That will elevate our sorrow.

I'm so glad that I was a part of God's won-
derful plan,
When He decided that he was going to cre-
ate man.
I will praise Him all of my days,
Cause He blessed me and took away my
sinful ways.

My friends hearing this poem today,
I feel impress to invite you to kneel down and
pray.
Cause when all I had was a broken heart.
He set me free and gave me a fresh "new
Start".

By: Juliette Vigod



Humor & Activities

Kids Are Quick

TEACHER: Maria, go to the map and find North America .

MARIA: Here it is.

TEACHER: Correct. Now class, who discovered America ?

CLASS: Maria.

TEACHER: John, why are you doing your math multiplication on the floor?

JOHN: You told me to do it without using tables.

TEACHER: Glenn, how do you spell 'crocodile?'

GLENN: K-R-O-K-O-D-I-A-L'

TEACHER: No, that's wrong

GLENN: Maybe it is wrong, but you asked me how I spell it.

TEACHER: Donald, what is the chemical formula for water?

DONALD: H I J K L M N O.

TEACHER: What are you talking about?

DONALD: Yesterday you said it's H to O.

TEACHER: Winnie, name one important thing we have today that we didn't have ten years ago.

WINNIE: Me!

TEACHER: Glen, why do you always get so dirty?

GLEN: Well, I'm a lot closer to the ground than you are.

TEACHER: Millie, give me a sentence starting with 'I.'

MILLIE: I is..

TEACHER: No, Millie..... Always say, 'I am.'

MILLIE: All right... 'I am the ninth letter of the alphabet.'

TEACHER: George Washington not only chopped down his father's cherry tree, but also admitted it. Now, Louie, do you know why his father didn't punish him?

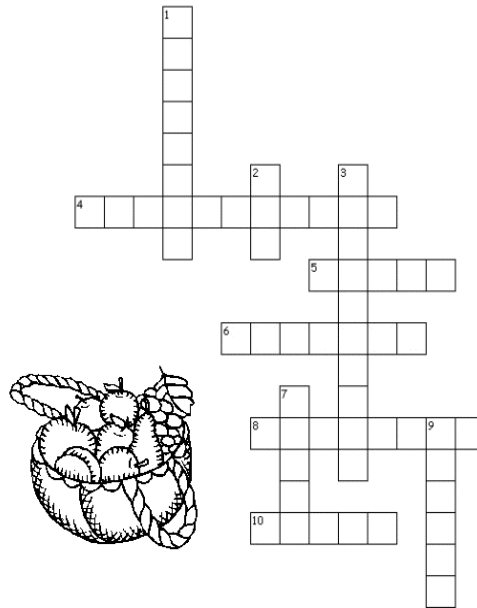
LOUIS: Because George still had the axe in his hand.

TEACHER: Clyde , your composition on 'My Dog' is exactly the same as your brother's. Did you copy his?

CLYDE : No, sir. It's the same dog.

| | | | | | | | |
|---|--|---|---|---|---|---|---|
| 6 | | | | | | 9 | 5 |
| 2 | | | | | | 7 | |
| 9 | | | | 7 | | 6 | 4 |
| | | 6 | 3 | 4 | | | 2 |
| | | 8 | | | | | |
| 7 | | | | | | 8 | |
| | | 5 | 7 | | 6 | | 3 |
| | | 3 | | 8 | 5 | | 4 |
| | | | | | | 5 | 8 |

Fruit of the Spirit Crossword



Across

- This fruit of the spirit is a bit like faithfulness or being dependable.
- God will give us these fruit or ____ if we ask and work on it.
- Just like real fruit, the fruit of the Spirit also makes us this inside.
- This is another word for gentleness.
- If we try to ____ by reading the Bible we will understand how to become more fruitful.

Down

- Having this fruit means you will turn away from bad choices.
- This fruit of the Spirit is about being more than just happy.
- When we have more fruit of the Spirit we become more ____.
- Being full of this means that you don't worry but believe God to take care of things.
- This part of God helps us develop the different fruit in our lives.

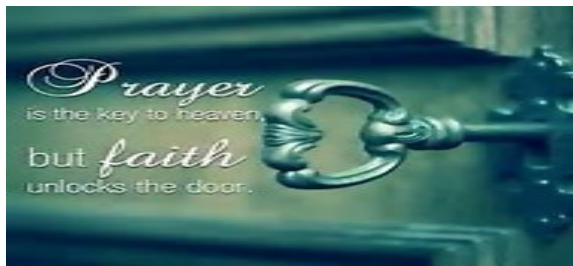
In each issue of the Beacon we will look at virtues that we should **all** strive to adopt. In the associated Member Profile, we will seek to feature that member of the church who in our opinion extolls that particular virtue. We start here with **Faith**. Why? Because **“without faith, it is impossible to please God.”** Heb. 11:6. A faith we must share with others in our quest of “Outreach and Evangelism.” We also encourage the reading of our source book, Ellen White’s **Mind, Character and Personality** as a guide to becoming more virtuous.

Faith

A Definition of Faith.--Faith, saving faith, is to be taught. The definition of this faith in Jesus Christ may be described in few words: It is the act of the soul by which the whole man is given over to the guardianship and control of Jesus Christ. He abides in Christ and Christ abides in the soul by faith as supreme. The believer commits his soul and body to God and with assurance may say, Christ is able to keep that which I have committed unto Him against that day. All who will do this will be saved unto life eternal. There will be an assurance that the soul is washed in the blood of Christ and clothed with His righteousness and precious in the sight of Jesus. Our thoughts and our hopes are on the second advent of our Lord. That is the day when the Judge of all the earth will reward the trust of His people.--MS 6, 1889.

Other Definitions.--Through faith we receive the grace of God, but faith is not our Saviour. It earns nothing. It is the hand by which we lay hold upon Christ and appropriate His merits.--DA 175 (1898).

Faith is trusting God--believing that He loves us and knows best what is for our good. Thus, instead of our own, it leads us to choose His way. In place of our ignorance, it accepts His wisdom; in place of our weakness, His strength; in place of our sinfulness, His righteousness. Our lives, ourselves, are already His; faith acknowledges His ownership and accepts its blessing. Truth, uprightness, purity, have been pointed out as secrets of life's success. It is faith that puts us in possession of these principles.--Ed 253 (1903).



Faith and Faithful aptly describes our chosen featured member for this issue, **Sis Jeanette Ovid**. Interviewed by Sis. Caron Williams.



Sis. Jeanette Ovid

Sister Jeannette Ovid is a faithful member of the Mount Olive Seventh-day Adventist Church. She loves the Lord with all her heart, mind and soul. She is the second among four sisters and has two brothers. She was baptised at age 50 years by Pastor Campbell and although she has had her ups and down she believes that God has saved her life and brought her to this church for a reason.

What is your favourite text?

My favourite text is Psalm 116 as this directly relates to me. The first 2 verses are “I love the LORD, for He heard my voice; He heard my cry for mercy. Because He turned His ear to me, I will call on him as long as I live.” I also like Psalms 133, this speaks about dwelling in unity.

What is your favourite hymn?

My favourite hymns are 86, How Great Thou Art and 488, At First I Prayed For Light as it tells about how I think about my God.

What does it mean to be a Christian?

Everything! I do not regret one day of becoming a Christian. I prayed for that. I love the Lord. Before I got baptized I used to come to the church. I returned my tithe even though my name was not on the record because I read that God said 10% and I did just that and he has been blessing me abundantly. I also found out that I should come early to church instead of at 11 am. I started coming early from then. I do not even want to miss 1 day from church. I wish I could do more for God. I use to enjoy coming to help in the food bank and going downtown to give out food. I pray everyday in the morning, in the evening for an hour, even when I am in the hospital. I love to read the Bible.

What is your greatest desire?

To be a good Christian . I want everyone to be united; my family, my church family. I pray according to Psalm 133 everyday that we will dwell in unity

Do you have a testimony that you will like to share?

I thank the Lord that he saved me. Even before I was a Christian I had asked the Lord for five things in my life and he has blessed me with them. After my mother died I blamed God for taking her and it took me 20 years to come back to Him. He spared my life so that I could give it back to Him. I know He wants me to do something for him. He takes care of me and sends His angels to provide my needs. Despite my illness, I have no aches or pains

What advice would you give to members of the Church?

As long as you are with the Lord and you choose Christ, do not turn back. God will see you through all the way!

Departmental Reports



Mount Olive Adventurer Club By Sis Karene Whyte, Director

The North American Division (NAD) Adventurer Mission Statement reminds us that the purpose of the Adventurer Club is to “support parents and care-givers in leading and encouraging their children in a growing, joyful love relationship with Jesus Christ.” At Mount Olive, our aim is to continue and fulfill that mission.

The Mount Olive Dove Adventurer Club is open to all children ages 4-10. One of the things we emphasize in our club is the power of prayer. We do this every Tuesday for one hour. We also incorporate fasting within that hour, it could be from food or any habit deemed necessary. Our goal is to get our adventurer's and their parents in the habit of praying. One of the most meaningful things we can do as parents is teach our children the power of prayer, not just the mundane routine prayer, but a prayer that can get results. When we do this, we align ourselves with the Holy Spirit and He answers our prayers according to His will. The ultimate goal is to introduce Jesus to our Adventurer's so that they can know Him personally.

Another goal in our adventurer club is to introduce healthy snacks at the end of each meeting. This will reinforce the already healthy practices at home by continuing them here at the club. 1 Corinthians 10:31 reminds us that, “whether therefore we eat or drink, or whatsoever we do, do all to the glory of God.”

Other areas to be developed in our adventurer's are Physical, Mental and Socio-Emotional Characteristics. Children in this age group have boundless energy and need to develop co-ordination, as well as fulfill their curiosity and understanding. They understand by sight and touch and are very imaginative. They memorize things easily and can learn social skills so that they can eventually become independent in their own way. They are easily excitable and very sociable.

This club is a great resource for our children, so it is imperative, that as a church we meet the challenge to provide these children, during their formative years the right habits, motives, disposition and attitudes that can steer and mold them into becoming mature happy children. Take seriously the wise man words of Proverbs 22:6, “Train up a child in the way he should go; and when he is old, he will not depart from it.”

In conclusion, we are a small group, but size doesn't matter. The most important thing is that we are under the guidance and leadership of the Holy Spirit. We are willing to fulfill the gospel commission of Matthew 28:18-20. We crave your prayers and support as we, empowered by the Holy Spirit, introduce our children to Jesus Christ, so that they can be molded into His likeness. Thanks to our team of volunteers for their dedication, and especially the parents, as they have entrusted their children to our care. May God continue to bless us all as we endeavour to make this club a service to all.



Seniors Ministry Department Report By Veronica Lyttle, Director

God has brought us safely through another year and the Seniors Ministry Department was able to fulfill its goals for 2016 by recognizing the seniors, promoting physical and spiritual well-being and practicing their faith through community involvement.

The seniors willingly shared their knowledge, experiences and talents. They were active in the Food Bank, Deacons and Deaconesses, Sabbath School and Pathfinder Departments and the Seniors Shelter Program. Over 550 bagged-lunches and other food items were prepared and delivered to one of the youth shelters in Toronto. In December, the seniors also funded a hot meal to the shelter. Some seniors along with members of the church donated two gift bags of toiletries. The youth and administrator from the shelter acknowledged their generosity with thank you letters.

One of the highlights of the year was the recognition of one of our seniors. This was a joyous occasion, Sister Ida Gunn celebrated her 98th birthday on April 29, 2016. The congregation was amazed at her age as she walked the aisle with her two granddaughters. Several gifts were presented to her from the seniors department along with a potted plant from the church. A senior from the community also celebrated her 103rd birthday in 2016. The department continues to recognize the seniors not only in the church but also from the community in their birth months with a food basket. Seventy-eight baskets, one floral bouquet and two care packages were distributed.

The social and physical aspects of the department continued with quarterly Seniors Games Night where the seniors played games, were served refreshment and occasionally given a take away bag funded by the seniors themselves. In June, the seniors went on a picnic in Hamilton. Seniors who submitted their T-shirt sizes received their T-shirts to be worn at the Seniors Games Night, seniors picnic and other occasions.

Seniors Ministry collaborates with Community Services to continue the weekly breakfast program after Sabbath School. The department thanks the seniors and members of the church who donated hot porridge, steamed cabbage, fried dumplings, juice, fruits, cakes, other food items and utensils.

These ventures are not funded by the church but by generous contributions from friends, some seniors, other members of the church, and business partners. A used laptop was donated to the department by a member for which the seniors are very grateful.

The department acknowledges Shoppers Drug Mart, Food Basic, Emilio & Ana No-Frills, Giant Tiger, Community Services and members of the Mount Olive church for their unwavering support to the department. Sincere thanks to the volunteers especially the Pathfinders who sometimes helped to prepare the bagged lunches for the shelter. To God be the Glory.

Bible

Is There Anything Left You Can Trust?

In these morally challenged times - when billions are embezzled by corporate executives, when trusted spiritual leaders prove false, when lying in politics seems to be the norm, when those you depend on the most often hurt you the deepest - is there anything left you can trust? Yes! You can fully trust the Bible! Why? Just take a look at the evidence...



1. What does the Bible claim about itself?

The Bible says, "All scripture is given by inspiration of God." [2 Timothy 3:16](#). "Prophecy

came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost." [2 Peter 1:21](#). "The scripture cannot be broken." [John 10:35](#).

Answer: It claims to be inspired. It was written by men who were guided by the Holy Ghost. It cannot be broken or proved untrue.



2. How did Jesus demonstrate His confidence and belief in Scripture?

Jesus said, "It is written, Man shall not live by bread alone." "It is written again, Thou shalt not tempt the Lord thy God." "It is written, Thou shalt worship the Lord thy God, and him only shalt thou serve." [Matthew 4:4, 7, 10](#). "Thy word is truth." [John 17:17](#).

Answer: Jesus quoted Scripture when meeting the temptations of Satan. He also stated that the Bible is truth [John 17:17](#). Jesus often quoted Scripture as authority for the truth He was teaching.



Before Cyrus was born, God's Bible prophet named him as the general who would overthrow Babylon.

3. Do Bible prophecies confirm inspiration?

The Bible says, "I am the Lord . . . new things do I declare: before they spring forth I tell you of them." [Isaiah 42:8, 9](#). "I am God . . . Declaring the end from the beginning, and from ancient times the things that are not yet done." [Isaiah 46:9, 10](#).

Answer: The Bible predictions of things to happen in the future confirm the inspiration of Scripture as they come to pass.

Notice the following examples of fulfilled Bible prophecies:

- Four world empires to arise: Babylon, Medo-Persia, Greece, and Rome Daniel chapters 2, 7, 8.
- Cyrus to be the warrior to capture Babylon [Isaiah 45:1-3](#).
- After Babylon's destruction, it would never be inhabited again [Isaiah 13:19](#), [20Jeremiah 51:37](#).
- Egypt would never again have a commanding position among the nations [Ezekiel 29:14, 15](#) [30:12, 13](#).
- Earth-shaking calamities and fear toward the end of time [Luke 21:25, 26](#).
- Moral degeneracy and decline of spirituality in the last days [2 Timothy 3:1-5](#).

Study

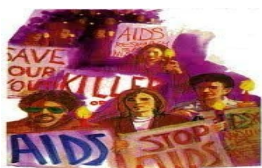
4. Can we expect scientific statements made in the Bible to be accurate?

The Bible says, "Thy word is true from the beginning." [Psalms 119:160](#). "The Spirit . . . will guide you into all truth." [John 16:13](#).

Answer: Yes, the Bible is true. The Holy Spirit, who guided the Bible writers, always speaks the truth. Here are a few Bible statements that have been confirmed by science:

- "He . . . hangeth the earth upon nothing." [Job 26:7](#). This scientific fact is from Job, the Bible's oldest book.
- "He . . . sitteth upon the circle of the earth." [Isaiah 40:22](#). The Bible said the earth is round centuries before man found out.
- "To make the weight for the winds." [Job 28:25](#). Long before scientists knew, God said air has weight.
- "By Him [Jesus] all things consist." [Colossians 1:17](#). The word "consist" here literally means "hold together" or "cohere." Many Bible translations put it "hold together." This is the answer to the nuclear physicists' worrisome question about the atom. The real mystery of the atom does not involve its benumbing megawatt power, but rather, "Why doesn't the atom fly apart?" Scientific knowledge says it should, but it doesn't. Some scientists are wondering what puzzling power, completely unknown to them, is holding it together. The Bible says that mysterious power is the Creator, God Himself.

Many diseases would not exist if God's ancient laws regarding morality were obeyed.



Note: God not only tells us how to succeed with joy amid today's harrowing problems, but He also gives us the miraculous power to do it ([1 Corinthians 15:57](#), [Philippians 4:13](#), [Romans 1:16](#)). Bible health principles are relevant and desperately needed, but few are listening.

5. Are biblical health principles tuned to the twenty-first century mind?

Answer:

Cover body waste with dirt [Deuteronomy 23:12, 13](#).

The Bible provision of Moses' day that body waste should be buried was 3,500 years ahead of its time and saved countless thousands of Jewish lives. Major problems still arise when sanitation is not properly handled.

"Neither let us commit fornication." [1 Corinthians 10:8](#).

The word "fornication" denotes all kinds of immoral sexual conduct. There would be no AIDS epidemic if this up-to-date Bible counsel were obeyed, nor would abortion be the international scandal that it now is.



Leave alcoholic beverages alone [Proverbs 23:29-32](#).

If this extremely effective Bible solution were implemented, just think what it would mean:

- ◇ Millions of alcoholics becoming sober, respectable citizens.
- ◇ Millions of families reunited.
- ◇ Millions of broken homes mended.
- ◇ Multiplied thousands of lives saved by sober driving.
- ◇ Thousands of government, business, and professional leaders making clear-minded decisions.
- ◇ Billions of dollars available for humanitarian use.

The use of alcohol has brought untold woe to many

Further study : visit Bibleuniverse.com

UPCOMING EVENTS

Officers of Mount Olive SDA Church

| | |
|---------------------------------|-------------------|
| Adventist Youth Leader | Juliet Kennedy |
| Adventurer Director | Karene Whyte |
| Building Committee Chairman | Hugh DaCosta |
| Children's Ministries Director | Michelle Bennett |
| Church Clerk | Juliette Vigod |
| Communications Director | Evelyn Daniel |
| Community Services Director | Cossetta Evans |
| Education Ministries Director | Claire Gill |
| Family Life Director | Fayth Lennon |
| Finance Committee Chairman | Desmond Gill |
| First Elder | Karl Brown |
| Head Deacon | Clarence Mills |
| Head Deaconess | Una Johnson |
| Health Ministry Director | Joyce Nembhard |
| Interest Coordinator | Janet Johnson |
| Loss & Safety Director | Vincent Fearon |
| Men's Ministry Director | Bernard Brown |
| Music Coordinator | Una Johnson |
| Pathfinder Director | Bridget Phillip |
| Personal Ministry Director | Keith Williams |
| Prayer Ministries Director | Murton McIntosh |
| Prison Ministries Director | Daphne Lewis |
| Sabbath School Superintendent | Deneas Lewis |
| Elderly/Senior Coordinator | Veronica Lyttle |
| Singles Ministry Director | Avagaye McIntosh |
| Social Ministries Director | Bernard Brown |
| Stewardship Ministries Director | Sandra Wedderburn |
| Treasurer | Kenneth Gayle |
| VBS Director | Claire Gill |
| Women's Ministry Director | Caron Williams |

April

| | |
|-------|-----------------------------------|
| 07-09 | Inspire |
| 08 | Prayer Service (Prayer & Fasting) |
| 21-23 | Singles' Retreat |
| 21-23 | Couple's Retreat |
| 29 | Community Guest |
| 29 | All-night Prayer Meeting |
| 29 | Master Guide Convention |

May

| | |
|-----------|---|
| 05 | Spiritual Leadership Training |
| 05-June10 | Prayer & Love Saves Interactive Seminar |
| 06 | Adventurer Emphasis Day |
| 13 | Prayer & Fasting |
| 14 | Community Services Brunch |
| 20 | Crawford Academy Student Testimonies |
| 26-28 | Men's Retreat |
| 28 | Prayer Walk & Breakfast |

June

| | |
|--------------|-------------------------------------|
| 01-August 31 | Hydrate for Health: 3 for 3 |
| 03 | Prayer Concert |
| 8 | Pedestrian Safety Symposium (NKJMS) |
| 10 | Prayer & Fasting |
| 10-12 | Budapest Trip |
| 17 | Communion |
| 18 | Men's Ministry Breakfast |
| 25 | Camp Meeting |

July

| | |
|-------------|---|
| 01 | Prayer Walk |
| 02 | Beach Trip |
| 06-09 | Non-profit Leadership Certification Program |
| 08 | Ministry Training |
| 15 | Youth Day |
| 21-25 | Pathfinder Camporee |
| 26-30 | Adventurer Camporee |
| 31 | Outreach Seminar |
| 31—August 7 | Alberta/B.C. Trip |

Special Thanks to all who played a part in making this publication a reality. To Elder Desmond Gill for our new slogan "Drawing from Darkness into Light", contributors, proofreaders, those who provided photos, words of encouragement and prayers, and of course the hardworking Communications Team., thank you and may God richly bless you!

Next issue of Mount Olive Beacon:
"Youth in Focus"

Mount Olive SDA Church

1030 Albion Road
Etobicoke, ON. M9V 1A7

Phone: 416-741-1682

Fax:

E-mail: mosdac.canada@gmail.com

Website: www.mtoliveon.adventistchurch.org



Compliments of the Pastor and Members of the Mount Olive Seventh-day Adventist Church. We pray that the contents herein will draw to the "light of the world", and ultimately inspire and motivate you to be ready to meet Him, our soon coming Lord, Saviour and King "Jesus Christ".